

Preparation of Herbal Formulation of Stevia and Piper Longum and its Antiinflammatory and Cytotoxic Effect

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ABSTRACT

AIM: The aim of the study was to prepare the herbal formulation of stevia and the piper longum nanoparticle and to evaluate its anti-inflammatory and cytotoxic effects.

Materials and Methods: For the evaluation of antiinflammatory activity we used albumin denaturation assay and for the cytotoxic activity we used a brine shrimp lethality assay and evaluated the result according to the test results and the graph was made with the results

Result : The nanoparticle of stevia and piper longum showed a marked anti inflammatory and cytotoxic activity with increased in their concentrations

Conclusion: Stevia and piper longum nanoparticle markedly increase the anti inflammatory and cytotoxic activity compared to the standard and should be employed as a formulations

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How to cite this article: Vignesh M, Rajeshkumar S, Roy A, Lakshmi T. Preparation of Herbal Formulation of Stevia and Piper Longum and its Antiinflammatory and Cytotoxic Effect. Journal of Complementary Medicine Research, Vol. 13, No. 2, 2022 (pp. 87-91).

INTRODUCTION

Spices are the plant substance which is derived from exotic or indigenous origin aromatic with strong taste and which is used to enhance the taste of food.⁽¹⁾ Spices provide protection against some diseases and promote healing as they are rich in phytonutrients and other active ingredients.⁽²⁾ One commonly used spices are *piper longum*. *L* which comes under the family piperaceae commonly known as a long pepper distributed nearly all over the world except some areas and It is an important component of Indian traditional medicine reported to be used as a remedy for treating respiratory tract infection, chronic gut related pain, gonorrhoea, menstrual pain, tuberculosis, and arthritic conditions⁽³⁻⁴⁾ and stevia known as a sweet leaf belongs to the family asteraceae and its herbaceous perennial shrub and it has good antioxidant properties and stevia also possesses antiinflammatory properties through its polyphenol derivatives and through their monomeric precursors that controls chronic inflammation and even several extracts of stevia like ethanol, methanol, chloroform extract exhibit the marked significant anti inflammatory effect⁽⁵⁻⁶⁾ and the stevia plant polyphenol derivative also used against phytophagous insects, fungi, or bacteria and thus it also exhibit the antimicrobial activity and cytotoxic effect.⁽⁷⁾ *Stevia pilosa* methanolic root extract (*SPME*) and *Stevia eupatoria* methanolic root extract (*SEME*) have an inhibitory effect on the viability and migration of prostate cancer cells and do not interfere with the enzalutamide anticancer effect⁽⁸⁾ and compound Stevioside, a natural noncaloric sweetener isolated from *Stevia rebaudiana* Bertoni, possesses anti-inflammatory and antitumor promoting properties which is a major breakthrough.⁽⁹⁻¹⁰⁾ In our study we made nanoparticle of both the sample of stevia and *piper longum* to achieve both anti inflammatory and cytotoxic effect and our team has extensive knowledge and experience that has translated into high quality publication.⁽¹¹⁻²⁰⁾

KEYWORDS:

Anti inflammatory,
Brine shrimp lethality assay,
Cytotoxic activity,
Piperlongum
Stevia, .

ARTICLE HISTORY:

Received: Jan 18, 2022

Accepted: Mar 27, 2022

Published: May 21, 2022

DOI:

10.5455/jcmr.2022.13.02.17

MATERIALS AND METHODS

PREPARATION OF PLANT EXTRACT

Piper longum and *stevia* were dried and made into a powder. 1g of each plant powders were collected and dissolved in distilled water. And were boiled for 5-10 min at 60-70 Celsius. The solution was filtered by using Whatman no. 1 filter paper. The filtered extract was collected and stored in 4 degree Celsius.

CYTOTOXIC EFFECT

BRINE SHRIMP LETHALITY ASSAY

Salt water preparation :

2g of iodine free salt was weighed and dissolved in 200ml of distilled water.

6 well ELISA plates were taken and 10-12 ml of saline water was filled. To that 10 nauplii were slowly added to each well (20µL,40 µL,60 µL,80 µL,100 µL). Then the Stevia and piper longum nanoparticles were added according to the concentration level. The plates were incubated for 24 hours.

After 24 hours, the ELISA plates were observed and noted for number of live nauplii present and calculated by using following formula, number of dead nauplii/number of dead nauplii+number of live nauplii×100

Anti-inflammatory activity:

ALBUMIN DENATURATION ASSAY:

The anti-inflammatory activity for stevia and piper longum nanoparticle was tested by the following convention proposed by Muzushima and Kabayashi with specific alterations from the article(21). 0.05 mL of stevia and piper longum nanoparticle of various fixation (10µL,20µL,30µL,40µL,50µL)was added to 0.45 mL bovine serum albumin(1% aqueous solution) and the pH of the mixture was acclimated to 6.3 utilizing a modest quantity of 1N hydrochloric acid. These samples were incubated at room temperature for 20 min and then heated at 55°C in a water bath for 30 min. The samples were cooled and the absorbance was estimated spectrophotometrically at 660 nm. Diclofenac Sodium was used as the standard. DMSO is utilized as a control.

Percentage of protein denaturation was determined utilizing following equation,

$$\% \text{ inhibition} = \frac{\text{Absorbance of control} - \text{Absorbance of sample}}{\text{Absorbance of control}} \times 100$$

RESULT AND DISCUSSION

From the figure 1 it shows the significant increase in the graph in antiinflammatory activity of piper longum and stevia nanoparticle there is an increase in the inhibition of protein albumin by the test albumin denaturation assay when the concentration of the nanoparticle increases as 10µl,20µl,30µl,40µl,50µl and compared with the standard diclofenac sodium and DMSO is used as a control and showed a marked antiinflammatory activity.

In previous study stevia and piper longum sample show increased activity of anti inflammatory and cytotoxic activity

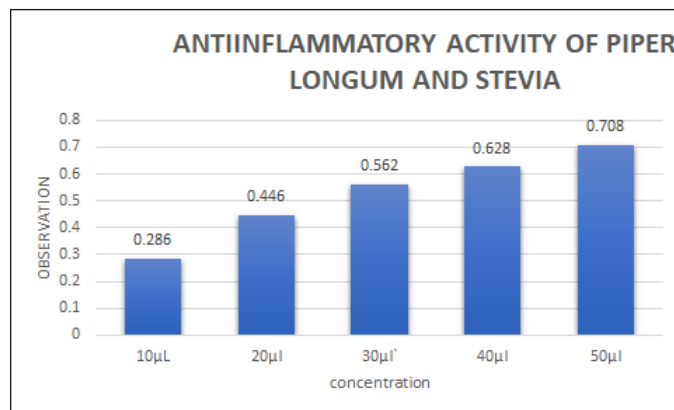


Fig. 1: Bar Graph showing the antiinflammatory activity of piper longum and stevia

Where X-axis represents the concentration in µl and Y-axis represents the observation

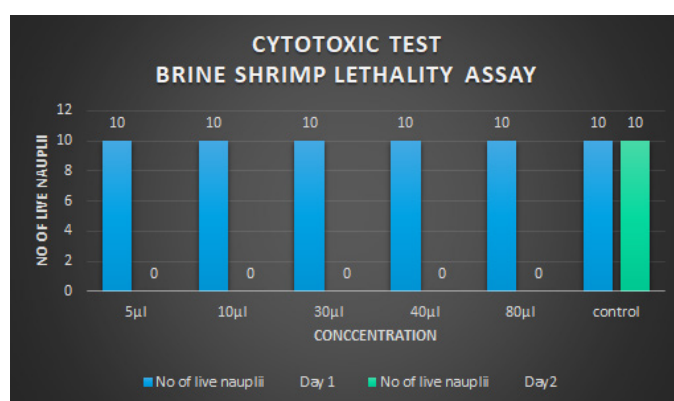


Fig 2: Showing the bar graph where X-axis represent the concentration of stevia and piper longum nanoparticle and Y-axis represent the No of the live nauplii

with supercritical fluid extraction from the plant⁽¹⁰⁾ ⁽²²⁾ ⁽²³⁾ and previous study ginger is used as antiinflammatory agent⁽²⁴⁾ and previous study done gold nanoparticles to evaluate cytotoxic activity and antimicrobial activity.⁽²⁵⁻²⁶⁾

Further there previous studies stevioside the compound from the plant stevia shows the Increased cytotoxic activity against breast cancer cell line⁽²⁷⁾ and on further study there is a cinnamon oil mediated gold nanoparticle were used to test cytotoxic activity in brine shrimp⁽²⁸⁻³⁰⁾ and on further study silver and graphene is used to achieve cytotoxic activity.⁽³¹⁾

From the figure 2 there is cytotoxic activity using brine shrimp lethality assay On day1 the sample of nauplii in elisa plates were kept without any nanoparticle there is no death of nauplii occurs and on the second day several concentrations of nanoparticle of stevia and piper longum(5µL,10µL,30µL,40µL,80µL) were added and last well is kept as control where there is no death of the nauplii before and after adding the nanoparticle of stevia and piper longum. In our study it is proved that both of stevia and piper longum nanoparticle showed the increased anti-inflammatory and cytotoxic activity

CONCLUSION

Stevia and piper longum nanoparticle extract showed very good dose dependant anti inflammatory and cytotoxic activity

very effectively and thus proven that the nanoparticle of the stevia and piper longum showed a marked increase on cytotoxic and antiinflammatory activity than synthetic chemicals or drugs thus we can employ the stevia and piper longum as a formulation in future due to its marked anti inflammatory and cytotoxic effects and even several properties are there in this plant extract and they are yet to be identified later

Acknowledgement

The authors are thankful to Saveetha Dental college for providing a platform to carry out this study.

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