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Artificial Intelligence in The Diagnosis of Diseases of Various Origins

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ABSTRACT

The article discusses the features of the use of artificial intelligence capabilities in the diagnosis of diseases of various genesis. The author notes that the use of AI in medical diagnostics can improve its accuracy and increase the speed of detection of diseases, which can lead to more effective treatment and increase the chances of recovery of the patient. Medical professionals may need less time to analyze the patient's medical data, as AI can process them faster and more efficiently, which allows them to devote more time to patients and improve the quality of medical care. Continuous improvement of AI technologies and their adaptation to medical practice can improve the results of diagnosis and patient care, reduce healthcare costs and increase the chances of recovery.

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INTRODUCTION

Artificial intelligence (AI) is of great importance in medical diagnostics, due to its ability to analyze large amounts of medical data and identify hidden patterns that may be invisible to a human doctor. For example, AI can be used to analyze medical images, such as X-rays, magnetic resonance imaging (MRI) and ultrasound images [1]. Machine learning algorithms used in AI can be trained based on a large number of images and help identify hidden patterns that may indicate the presence of a disease or a patient's condition.

For example, AI can be used to detect tumors or other abnormalities on X-rays, to diagnose eye diseases in retinal photographs, or to diagnose heart diseases in echocardiography images. AI can analyze large amounts of medical data, such as blood test results, X-rays and other medical images, and help doctors identify diseases faster and more accurately. For example, AI can be used to analyze a patient's medical data and identify hidden risk factors for the development of certain diseases, such as stroke, diabetes and cardiovascular diseases [2].

Al can be used to support a doctor's decision-making in the diagnosis of diseases. For example, AI can be used to predict the likelihood that a patient will have a certain disease, or to determine the best treatment based on the patient's medical history and other medical data.

In general, the use of AI in medical diagnostics can improve its accuracy and increase the speed of detection of diseases, which can lead to more effective treatment and increase the chances of recovery of the patient.

KEYWORDS: artificial intelligence, diagnosis of diseases, prediction of various pathologies, detection of hidden patterns.

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DOI: 10.5455/jcmr.2023.14.02.31 In addition, the use of AI in medical diagnostics can also reduce healthcare costs by reducing the number of unnecessary tests and examinations. Doctors may need less time to analyze the patient's medical data, as AI can process them faster and more efficiently, which allows them to devote more time to patients and improve the quality of medical care.

At the same time, the use of AI in medical diagnostics can also cause certain concerns and challenges. Some people may not trust automatic analysis of medical data, and may require additional examinations and confirmations from a human doctor. In addition, AI may have limitations in identifying certain diseases that may be unusual or have complex symptoms.

MATERIALS AND METHODS

When writing the work, the analysis of publications and monographs of a number of authors was carried out, the data obtained were studied using comparative and analytical research methods.

RESULTS

Artificial intelligence is increasingly being used in medicine. So, AI can be used to develop individual treatment plans for each patient based on their medical data, symptoms and anamnesis. This can help doctors determine the optimal set of procedures, medications, and dosages for each patient [3].

Al is able to help doctors in monitoring the patient's condition and determining changes in his health. Al algorithms can analyze data received from wearable devices, health monitors and other devices and identify any changes that may indicate progressive diseases or adverse symptoms.

Al can be used to predict diseases such as diabetes, Alzheimer's disease and cardiovascular diseases. Al algorithms can analyze a patient's medical data and identify disease risks, which allows doctors to develop more effective prevention and treatment measures.

Al can also be used to support a doctor's decision-making during a patient's treatment. Al algorithms can analyze the patient's medical data and provide the doctor with recommendations on the choice of medications and procedures based on the result of analyzing a large amount of medical data.

In general, the use of AI in healthcare has great potential to improve patient outcomes and optimize healthcare processes. However, it is necessary to ensure proper protection of patient data and comply with ethical and legal norms when using AI in medicine [4]. Artificial intelligence (AI) is of great importance in the diagnosis of diseases due to its ability to analyze and process large amounts of data with high accuracy and speed.

Modern AI technologies make it possible to create computer programs and algorithms that can improve the quality of diagnosis and detection of diseases, increase the accuracy and speed of the diagnostic process, as well as help doctors make decisions.

AI can be used to analyze medical images, such as X-rays, mammography, CT and MRI, to detect anomalies and signs of diseases. AI algorithms can quickly process a large volume of images and identify small details that may be missed during visual analysis.

In addition, AI can be used to analyze medical data, such as the results of blood tests and other tests. AI algorithms can process a large amount of data and reveal hidden connections and patterns that can help doctors diagnose diseases and predict their development.

Al can also be used to create customized treatment and disease monitoring programs. The use of Al for the analysis of medical data makes it possible to identify the characteristics of patients and create personalized treatment programs that can be more effective than standard treatment methods [5].

Along with the ability to analyze various information arrays and visualize data, AI can be used to analyze a patient's speech and voice to diagnose diseases such as heart disease and diabetes. Voice analysis can reveal speech disorders, speech analysis can reveal changes in the voice, which may indicate a disease.

Al can be used to analyze a patient's symptoms and diagnose the disease based on this data. This can be especially useful for rare diseases where symptoms can be ambiguous. It is also advisable to use the capabilities of Al to develop individual treatment plans that take into account the individual characteristics of the patient and their disease.

In addition, AI can be used to create telemedicine systems that allow doctors to remotely diagnose and treat patients. This can be especially useful for patients who cannot physically visit a doctor, for example, living in remote areas or being quarantined.

Al can be used to analyze the genetic data of patients and determine their risk of developing hereditary diseases or the effectiveness of certain medications [6].

DISCUSSION

It is necessary to consider ways to improve the use of AI in medical science and practice. As already mentioned, AI can be used to analyze medical images, for example, to diagnose breast cancer. To this end, Google's system called "DeepMind Health" uses a neural network to analyze fundus scans and diagnose diabetic retinopathy.

AI can be used to analyze medical data and identify links between diseases and risk factors. For example, IBM has created the Watson for Genomics system, which uses artificial intelligence to analyze genetic data and recommend individual treatment plans for cancer patients.

Al can be used to analyze the patient's speech and voice. For example, the Beyond Verbal application uses a neural network for speech analysis and helps in the diagnosis of heart disease and other diseases.

Al can be used to analyze the patient's symptoms and diagnose the disease based on this data. For example, Babylon Health has created an application that uses Al to analyze patients' symptoms and provides recommendations for diagnosis and treatment.

Al can be used to automatically diagnose diseases based on medical images, such as X-rays or MRI scans. For example, Enlitic uses AI to automatically interpret medical images and provide doctors with recommendations for diagnosis and treatment.

Al can be used to optimize the treatment of patients based on their medical data and medical history. For example, IBM Watson Health uses AI to analyze medical data and provide doctors with individual recommendations for the treatment of patients with certain diseases.

To date, the capabilities of AI are widely used in various branches of medicine for the implementation of diagnostic procedures. Thus, artificial intelligence (AI) has the potential to diagnose gynecological diseases, because it can analyze medical images and other medical data with great accuracy and speed. For example, AI can help in the diagnosis of cervical cancer by identifying anomalies in digital images and screening tests.

The use of AI can also help in the recognition of other gynecological diseases, such as endometriosis, uterine fibroids, polyps, etc. In addition, AI can help improve the efficiency and accuracy of diagnostics, as well as reduce the time required to process medical data. This can be especially important in cases where diagnosis needs to be done quickly in order to start treatment as early as possible. However, it should be noted that AI cannot completely replace the experience and expertise of doctors, but at the same time, it can help doctors in making more accurate diagnoses and developing more effective treatment strategies [8].

Diagnostics using artificial intelligence (AI) in cardiology is an important area of research and development that can help improve the diagnosis, treatment and prognosis of cardiovascular diseases.

One of the fields of application of AI in cardiology is the analysis of electrocardiograms (ECG). AI can be trained to recognize abnormalities in the ECG, such as arrhythmias and blockages, which can help in the early diagnosis and treatment of heart disease. AI can also be used to analyze heart activity monitoring data throughout the day to detect anomalies that may be missed using standard methods. In addition, AI can be used to analyze medical images such as ultrasound, CT, MRI and X-rays to detect abnormalities in the structure of the heart and blood vessels. This will allow for early diagnosis of diseases and determine the need for surgical intervention.

In recent years, artificial intelligence (AI) has been widely used in the diagnosis and treatment of cardiovascular diseases. Here are a few clinical cases of the use of AI in cardiology:

1. Diagnosis of arrhythmias. Al can be used to detect

arrhythmias on an ECG and later to select the most effective treatment. For example, in 2019, researchers from Stanford University developed a deep learning algorithm that was able to accurately diagnose cardiac arrhythmias on an ECG, surpassing the accuracy of human experts.

2. Cardiovascular disease risk prediction: AI can be used to analyze large amounts of medical data and predict the risk of cardiovascular disease in patients. For example, in 2020, researchers from the University of California at Los Angeles developed an AI model that can predict the likelihood of developing cardiovascular diseases in patients using data on medical history, height, weight, smoking and other factors [9].

Artificial intelligence (AI) can also be used in gastroenterology to diagnose various diseases of the digestive system. Here are a few aspects when using AI can be useful:

1. Diagnosis of stomach cancer. Using AI to analyze endoscopy images can help in the diagnosis of stomach cancer. Some studies have shown that AI has high sensitivity and specificity in determining stomach cancer.

2. Diagnosis of intestinal diseases. Using AI to analyze colonoscopy images can help in the diagnosis of various intestinal diseases, such as ulcerative colitis and Crohn's disease.

3. Diagnosis of dyspepsia. Using AI to analyze data about a patient's history and symptoms can help in the diagnosis of dyspepsia. Studies have shown that AI can predict with high accuracy the presence of dyspepsia based on the patient's history and symptoms.

4. Diagnosis of pancreatitis. Using AI to analyze ultrasound images can help in the diagnosis of pancreatitis. Studies have shown that AI has high accuracy in determining the presence of pancreatitis based on ultrasound data.

In addition, diagnostics using artificial intelligence (AI) in pediatrics is one of the most promising areas in medicine. The use of AI makes it possible to optimize the processes of diagnosis and treatment in children, accelerate the receipt of test results and reduce the number of medical diagnostic errors. For example, AI can be used to develop individual treatment plans for each child based on their genetic and clinical data. This allows you to more accurately predict the effectiveness of therapy and reduce the number of side effects caused by improper prescription of medications.

Diagnostics using artificial intelligence (AI) in surgery is one of the most promising areas of AI application in medicine. The use of AI allows surgeons to obtain additional information and improve diagnostic diagnostics before surgery, as well as increase the efficiency and safety of the process.

Various AI technologies used in surgery are available, such as machine learning, neural networks, computer vision, and others. They can help in the diagnosis of diseases, assessment of the likelihood of disease occurrence, as well as in the management of robotic sites of surgical navigation [10].

Although the use of AI in the diagnosis of diseases promises

significant benefits, such as improving the accuracy of diagnosis and increasing the speed of processing medical data, there are still some problems that need to be taken into account when using AI in medicine. Let's look at them in more detail.

1. Lack of data. Using AI to diagnose diseases requires a large amount of medical data. However, in some cases, especially for rare diseases, such data may not be enough, which may reduce the accuracy of diagnosis [11].

2. Errors in the machine learning model. They may be due to incorrect interpretation of the data, as well as due to insufficient quality control of the data used for training. These errors can lead to incorrect diagnosis, the appointment of inappropriate treatment and other negative consequences for the patient [12].

3. The use of AI must be combined with human control and expertise. Although AI can provide valuable information for decision-making, it must be borne in mind that it cannot completely replace the role of a doctor or specialist in the medical process. The human factor plays an important role in understanding and interpreting data, as well as in making the final decision about diagnosis and treatment. In addition, people can take into account other aspects that may not be taken into account by AI, for example, the emotional state of the patient, the social context and many other factors that may affect treatment [13].

The use of AI in medicine also raises questions about privacy and data protection. When using medical data for AI training, it is necessary to ensure proper protection of patient confidentiality and compliance with medical standards and regulations. This is especially important in light of regulatory requirements, such as the General Data Protection Regulation (GDPR) in the European Union and HIPAA in the USA [14].

In general, the use of AI in medicine has great potential to improve the diagnosis, treatment and prevention of diseases. However, for maximum efficiency and safety, it is necessary to take into account potential risks and disadvantages and work on their elimination and improvement.

CONCLUSION

In modern medicine, the technologies of which are developing quite actively, it is impossible today to do without digital technologies and artificial intelligence capabilities that allow medical specialists to improve the accuracy of diagnostic procedures. Correct and timely diagnosis of a disease is the key to prompt and effective treatment of patients. Taking into account the gradual aging of the population, the need to improve the quality of medical care in general and the diagnosis of various diseases in particular is increasing. For this reason, modern medicine is extremely interested in the continuous development and improvement of AI capabilities, which will allow many patients to maintain their health in the future.

CONFLICT OF INTEREST

The authors declare no conflict of interest.

AUTHOR CONTRIBUTIONS

All authors contributed in reviewing the final version of this paper

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